

DR. APARNA GOVIL BHASKER

Laparoscopic & bariatric surgeon, Mumbai, India

Dr. Aparna Govil Bhasker is a Laparoscopic & Bariatric Surgeon with experience of over 17 years. She is an alumnus of Mahatma Gandhi Institute of Medical Sciences, Sewagram. Incidentally, she was the first lady in more than 20 years to take up surgery as a specialization in her institute. Women in surgery constitute less than 5% of the total number of surgeons in India and have to face a lot of prejudices. However, she considers herself to be blessed to have been trained by the best teachers and most supportive colleagues.

She is very passionate about patient care and believes in a holistic approach to health. A unique combination of skills with a human touch, she works ceaselessly for the betterment of her patients. She also believes in spending time with her patients, listening to them and takes pride in being approachable and responsive. She firmly believes that “trust” is the major component of the doctor-patient relationship and “faith” constitutes the first step towards healing. Patients and doctors must work together as a team to achieve best outcomes.

She has received many accolades through her career. She is the recipient of the prestigious IFSO travelling scholarship in 2008 in Buenos Aires, Argentina. In 2011, she was one of the first Indian surgeon to be accredited for excellence in bariatric surgery by SRC from USA. She has been nominated as one of the best surgeons in Mumbai for two successive years in an annual survey by DigiMedia Inc for Outlook Magazine. She has also received multiple other awards for her exemplary work.

Areas of specialization:

- Bariatric/Metabolic surgery
- Advanced laparoscopic surgery
- Laparoscopic hernia surgery
- Laparoscopic gall bladder surgery
- Laparoscopic colo-rectal surgery
- Single incision surgery

She is associated with some of the best hospitals in Mumbai like; Saifee, Apollo Spectra, Criticare and Namaha Hospitals.

She has a very keen interest in clinical research. To further her knowledge in the field of research, Dr. Bhasker completed an online 9 months diploma on “**principles and practice of clinical research**” from the Harvard Medical School in 2015. An extremely difficult and rigorous course, it opened new horizons for her. Dr. Bhasker has multiple publications and the list of her clinical papers can be viewed on the following link:

<https://www.ncbi.nlm.nih.gov/pubmed/?term=bhasker+A> .

She is an esteemed faculty at many national and international conferences and has trained many surgeons from across the world in her career.

She is also committed to the post-operative care of patients undergoing bariatric surgery. To this effect, for the last 4 years, she has conducted the **Advanced Bariatric Nutrition Course** to train nutritionists from across the world in the nuances of bariatric nutrition. This is a virtual course which is conducted over 6 weeks and is endorsed by IFSO, OSSI, TUGSS and University of Sunderland.

She is the editor/author of 6 books as under:

- Dear people with love and care your doctors- published by Bloomsbury
- Management of nutritional and metabolic complications after bariatric surgery- published by Springer
- Silver book on Sleeve Gastrectomy- published by Karl Storz
- Bariatric recipes- A global cookbook from India
- Vegetarian Bariatric Recipes- A global cookbook from India
- Sugar free Sweets

Dr. Aparna Govil Bhasker is a managing committee member of the Obesity and Metabolic Surgery Society of India (OSSI) as well as a Trustee of TUGSS (The Upper GI Surgeons).

In addition to her clinical work, she is an avid reader, an artist and also runs a charitable organization called AuroMira Care Foundation.

Educational qualifications

Academic

1. 2003-2006: Masters in Surgery (M.S.), **Mahatma Gandhi Institute of Medical Sciences** (MGIMS), Sewagram. University of Nagpur.
2. 1996-2001: MBBS, **Mahatma Gandhi Institute of Medical Sciences** (MGIMS), Sewagram. University of Nagpur.

Professional

1. Fellowship in Bariatric Surgery and Advanced Laparoscopic Surgery, 2007 **Center for Obesity and Diabetes Surgery, Mumbai**
2. 9 months Online Diploma in Principles and Practice of Clinical Research, 2015 **Harvard Medical School, USA**

Honors and awards

Recipient of IFSO scholarship in Buenos Aires, Argentina, September 24-27, 2008

First Asian Female Surgeon to be awarded the designation of an International Center for Excellence for Bariatric Surgery in 2011.

Nominated as one of the **best surgeons in Mumbai** for two successive years in 2020 and 2021 by Outlook magazine.

Recipient of **Healthcare Leadership Award**, 2020

Work experience

1. 2007 to 2017- Consultant bariatric and laparoscopic surgeon with Center for Obesity and Digestive Surgery, Mumbai
2. 2010 to 2013- Consultant bariatric and laparoscopic surgeon, Saifee Hospital, Mumbai
3. 2013 to 2017- Section Chief, Bariatric Surgery, Saifee Hospital, Mumbai
4. 2017 October onwards- Consultant bariatric and laparoscopic surgeon with
 - Saifee Hospital, Charni Road, Mumbai
 - Global Hospital, Parel, Mumbai
 - Apollo Spectra Hospitals, Chembur and Tardeo, Mumbai
 - Namaha Hospital, Kandivali West, Mumbai
 - Currae Specialty Hospital, Thane
 - Apollo Hospital, Navi Mumbai
 - Surya Hospital, Santacruz, Mumbai
 - Conwest Jain Hospital, Charni Road, Mumbai
 - Criticare Hospitals, Mumbai

PAPERS AND PRESENTATIONS

1. M. Lakdawala, S. R. Chaube, Y. Kazi, A. Bhasker and A. Kanchwala. **Internal hernia through an iatrogenic defect in the falciform ligament: a case report.** *Hernia* 2009 Apr;13(2):217-9.
2. M. Lakdawala, A. Bhasker. **'Recommendations For the use of Gastrointestinal Metabolic Surgery for treatment of Obesity and Type 2 Diabetes Mellitus in the Asian Population'** Lakdawala M, Bhasker A: Asian Consensus Meeting on Metabolic Surgery(ACMOMS), *Obes Surg.* 2010 Jul;20(7):929-36.
3. Muffazal Lakdawala, Aparna Bhasker, Dheeraj Mulchandani, Sunita Goel, Sneha Jain. **'Comparison Between the Results of Laparoscopic Sleeve Gastrectomy and Laparoscopic Roux-en-Y Gastric Bypass in the Indian Population: A Retrospective 1 Year Study.'** *Obesity Surgery*, 2010, Jan;20(1):1-6
4. A Bhasker, M Gadgil, NH Muda, V Lotwala, MA Lakdawala. **Revisional bariatric surgery for failed gastric banding in Asia: A review of choice of revisional procedure, surgical technique and postoperative complication rates.** *Asian Journal of Endoscopic Surgery*, Volume 4, Issue 1, pages 26–31, February 2011.
5. M. Lakdawala, N.H. Muda, S. Goel, A. Bhasker. **Single incision sleeve gastrectomy versus conventional laparoscopic sleeve gastrectomy - A randomised pilot study.** *Obesity Surgery*. 10.1007/s11695-011-0478-y.
6. M. Lakdawala, A. Bhasker. Editorial- **The Asian perspective to the International Diabetes Federation's position statement on bariatric surgery for diabetes.** *Asian J Endosc Surg* ISSN 1758-5902.
7. M. Lakdawala, S. Shaikh, S. Bandukwala, C. Remedios, M. Shah, A. G. Bhasker. **Roux-en-Y gastric bypass stands the test of time: 5-year results in low body mass index (30–35 kg/m²)**

Indian patients with type 2 diabetes mellitus.

<http://dx.doi.org/10.1016/j.soard.2012.07.017>

8. Bhasker AG¹, Remedios C, Batra P, Sood A, Shaikh S, Lakdawala M. **Predictors of Remission of T2DM and Metabolic Effects after Laparoscopic Roux-en-y Gastric Bypass in Obese Indian Diabetics-a 5-Year Study.** *Obes Surg.* 2014 Nov 16. [Epub ahead of print]
9. Bhasker AG¹, Khalifa H, Sood A, Lakdawala M. **Management of gastro-colic fistula after laparoscopic sleeve gastrectomy.** *Asian J Endosc Surg.* 2014 Nov;7(4):314-6. doi: 10.1111/ases.12122.
10. Lakdawala M¹, Agarwal A, Dhar S, Dhulla N, Remedios C, Bhasker AG. **Single-Incision Sleeve Gastrectomy Versus Laparoscopic Sleeve Gastrectomy. A 2-Year Comparative Analysis of 600 Patients.** *Obes Surg.* 2014 Oct 17. [Epub ahead of print]
11. Aditi Agrawal, Aparna Govil, Muffazal Lakdawala. **Unusual case of right iliac fossa pain: A case report.** *Journal of MGIMS.* 2015 Vol 20: 94-96
12. Remedios C¹, Bhasker AG, Dhulla N, Dhar S, Lakdawala M. **Bariatric Nutrition Guidelines for the Indian Population.** *Obes Surg.* 2015 Aug 16. [Epub ahead of print]
13. Lakdawala M^{1,2}, Limas P^{1,3}, Dhar S¹, Remedios C¹, Dhulla N¹, Sood A^{1,2}, Bhasker AG. **Laparoscopic revision of Roux-en-Y gastric bypass to sleeve gastrectomy: A ray of hope for failed Roux-en-Y gastric bypass.** *Asian J Endosc Surg.* 2016 Mar 4. doi: 10.1111/ases.12277.
[Epub ahead of print]
14. De Luca M, Angrisani L, Himpens J, Busetto L, Scopinaro N, Weiner R, Sartori A, Stier C, Lakdawala M, Bhasker AG, Buchwald H, Dixon J, Chiappetta S, Kolberg HC, Frühbeck G, Sarwer DB, Suter M, Soricelli E, Blüher M, Vilallonga R, Sharma A, Shikora S. **Indications for Surgery for Obesity and Weight-Related Diseases: Position Statements from the International Federation for the Surgery of Obesity and Metabolic Disorders (IFSO).** *Obes Surg.* 2016 Aug;26(8):1659-96
15. Dixon JB, Bhasker AG, Lambert GW, Lakdawala M. **Leg to leg bioelectrical impedance analysis of percentage fat mass in obese patients-Can it tell us more than we already know?** *Surg Obes Relat Dis.* 2016 Aug;12(7):1397-1402.
16. Mahawar KK, Bhasker AG, Bindal V, Graham Y, Dudeja U, Lakdawala M, Small PK. **Zinc Deficiency after Gastric Bypass for Morbid Obesity: a Systematic Review.** *Obes Surg.* 2016 Nov 24. [Epub ahead of print]
17. Mizelle D'Silva, Aparna Govil Bhasker, Nimisha S. Kantharia, Muffazal Lakdawala. **High Percentage pathological findings in obese patients suggest that esophago-gastroduodenoscopy should be made mandatory prior to bariatric surgery.** *Obesity Surgery* <https://doi.org/10.1007/s11695-018-3230-z>
18. Bhasker AG, Dixon JB, Lakdawala M. **Selection of Bypass vs Sleeve for the Management of Type-2 Diabetes in Severely Obese: Could Ethnicity Play a Role?** *Obes Surg.* 2018 May 10. doi: 10.1007/s11695-018-3294-9. [Epub ahead of print]

19. D'Silva M, Bhasker AG, Kantharia NS, Lakdawala M. **High-Percentage Pathological Findings in Obese Patients Suggest that Esophago-gastro-duodenoscopy Should Be Made Mandatory Prior to Bariatric Surgery**. *Obes Surg*. 2018 Sep;28(9):2753-2759. doi:

10.1007/s11695-018-3230-z.

20. Adil MT, Aminian A, Bhasker AG, Rajan R, Corcelles R, Zerrweck C, Graham Y, Mahawar K. **Perioperative Practices Concerning Sleeve Gastrectomy - a Survey of 863 Surgeons with a Cumulative Experience of 520,230 Procedures**. *Obes Surg*. 2020 Feb;30(2):483-492. doi: 10.1007/s11695-019-04195-7

21. Bhandari M¹, Fobi MAL², Buchwald JN³; and the Bariatric Metabolic Surgery Standardization

(BMSS) Working Group: Abbass A, Abu Dayyeh BK, Alamo M, Al-Jarallah M, Angrisani

L, Behrens EJ, Bhasker AG, Boza C, Buchwald H, Chevallier JM, Chowbey P, Cummings

DE, Dargent J, De Luca M, DeMaria EJ, DePaula A, Dixon J, Dolezalova K, Fried M, Gagner

M, Neto MG, Goel R, Greve JW, Herrera MF, Himpens J, Huang CK, Huerta NR, Iordache

NN, Jammu GS, Kasama K, Khullar R, Kothari SN, Kow L, Lakdawala M, Lavryk AS, Mahawar

K, Mahdy T, Mattar S, Melissas J, Menon V, Mirza Gari MK, Narwaria M, Nimeri A, O'Brien

PE, Ospanov OB, Prasad A, Pryor AD, Ramos AC, Ribeiro R, Rosenthal R, Santoro S, Scopinaro N, Sullivan S, Talebpour M, Todkar J, Torres A, Ugale S, Weiner RA, Wittgrove AC, Zundel N.

Standardization of Bariatric Metabolic Procedures: World Consensus Meeting Statement.

Obes Surg. 2019 Jul;29(Suppl 4):309-345. doi: 10.1007/s11695-019-04032-x.

22. Bhasker AG, Prasad A, Raj PP, Wadhawan R, Khaitan M, Agarwal AJ, Tantia O, Baig S, Palaniappan R, Shivram HV, Shah S, Soni V, Bhandari M, Shivahare R, Dhorepatil S, Chowbey P, Narwaria M, Shah S, Khullar R. **OSSI (Obesity and Metabolic Surgery Society of India) Guidelines for Patient and Procedure Selection for Bariatric and Metabolic Surgery**. *Obes Surg*. 2020 Mar 3. doi: 10.1007/s11695-020-04497-1. [Epub ahead of print]

23. Bhasker, A.G., Prasad, A., Raj, P.P. *et al.* **Trends and progress of bariatric and metabolic surgery in India**. *Updates Surg* (2020). <https://doi.org/10.1007/s13304-020-00774-x>

24. Bhasker AG, Greve JW. **Are Patients Suffering from Severe Obesity Getting a Raw Deal During COVID-19 Pandemic?** [published online ahead of print, 2020 May 12]. *Obes Surg*. 2020;1-2. doi:10.1007/s11695-020-04677-z

25. Sandeep Aggarwal, Kamal Mahawar, Manish Khaitan, Praveen Raj, Randeep Wadhawan, NandaKishore Dukkipati, Kuldeepak S Kular, Arun Prasad, Aparna Govil Bhasker, Vandana Soni, Brijesh Madhok, Sarfaraz Baig, Raj Palaniappan, H. V. Shivaram, Deep Goel, Vivek Bindal, Sukhvinder Saggu, Rajesh Shrivastava, Sumeet Shah, Shrihari Dhorepatil & Rajesh Khullar *et al.* **Obesity and Metabolic Surgery Society of India (OSSI) Recommendations for Bariatric and Metabolic Surgery Practice During the COVID-19 Pandemic.** *OBES SURG* (2020). <https://doi.org/10.1007/s11695-020-04940-3>
26. Goel R, Nasta AM, Goel M, Prasad A, Jammu G, Fobi M, Ismail M, Raj P, Palaniappan R, Aggarwal S, Bindal V, Katakwar A, Vennapusa A, Bhasker AG, Peters A, Goel D, Bedi D, Palep J, Kona L, Mehrotra M, Baijal M, Bhandari M, Dukkipati N, Wadhawan R, Baig S, Pattanshetti S, Ugale S. **Complications after bariatric surgery: A multicentric study of 11,568 patients from Indian bariatric surgery outcomes reporting group.** *J Min Access Surg* [Epub ahead of print] [cited 2020 Sep 16].
27. Graham Y, Mahawar K, Riera M, Islam O, Bhasker AG, Wilson M, Tahrani A, Moize V, Leal A, Hayes C. **Emotional Resilience and Bariatric Surgical Teams: a Priority in the Pandemic.** *Obes Surg.* 2021 Apr;31(4):1887-1890.
28. Aparna G Bhaskar, Atul N C Peters, Gurvinder S Jammu, Ravikanth K, Khaitan M5, Raj P, Shashank Shah7 and Shivaram HV. **Obesity Risk Assessment Concept.** *Diabetes Obes Int J* 2021, 6[1]:000238.
29. Aparna Govil Bhasker, Jay D Kotecha, Rahul Pandey, Sachin Wani. **Non-Hodgkin's lymphoma of the appendix and distal ileum.** A rare case report. DOI: 10.4103/jmas.JMAS_3_21
30. Bhasker AG, Khaitan M, Bindal V, et al. **Impact of COVID-19 pandemic on bariatric surgery in India: An obesity and metabolic surgery society of India survey of 1307 patients.** *J Minim Access Surg.* 2021 Oct-Dec;17(4):542-547. doi: 10.4103/jmas.JMAS_2_21. PMID: 34558429; PMCID: PMC8486048.
31. Bhasker Aparna Govil, Tantia Om, Khaitan Manish et al. **A Delphi consensus on the surgical technique of laparoscopic sleeve gastrectomy: An obesity and metabolic surgery society of India initiative.** *Journal of Bariatric Surgery.* 2. 10.4103/jbs.jbs_7_23.
32. Aparna G. Bhasker, Atul N. C Peters, Jammu GS, Manish Khaitan, Raj Palaniappan, Shashank S Shah, Shivaram HV and Praveen Raj. **Validation of Patient-Oriented Risk Assessment Tool in Indian Patients with Obesity: Results from the Large-Scale Evaluation of the Novel Concept Tool.** *Diabetes Obes Int J* 2023, 10.23880/doi-16000272

33. Baig, Sarfaraz Jalil; Priya, Pallawi; Katakwar, Abhishek¹; Bhasker, Aparna Govil²; Peters, Atul N. C.³; Remedios, Carlyne⁴; Siddiqui, Deebea⁵; Dey, Kankona⁶; Goel, Madhu⁷; Khaitan, Manish⁸; Lakdawala, Mariam²; Palaniappan, Rajkumar⁹; Goel, Ramen¹⁰; Wadhawan, Randeep¹¹; Samaddar,

Ritika¹². **Perioperative Nutritional Practices in Patients Undergoing Bariatric Surgery in India: A**

Delphi Consensus. Journal of Bariatric Surgery 2(1):p 26-30, Jan–Apr

2023. | DOI: 10.4103/jbs.jbs_14_22

Chapters

1. Co-author of a chapter on **“Complications in Bariatric Surgery”** in a book called **“Complications after gastro-intestinal Surgery”** edited by Dr. Samiran Nundy and Dr. Dirk J. Gouma. The book is published by Oxford University Press in 2017
2. Co-author of a chapter on **“Management of leaks after sleeve gastrectomy”** in a book called **“Bariatric Surgical Practice Guide”** edited by Dr. Praveen Raj Palanivelu, Dr. Saravana Kumar and Dr. Rachel Gomes. The book is a publication of Springer in 2016.
3. Co-author of a chapter on **“Asian Experience in Bariatric Surgery”** in a book called **“Global Bariatric Surgery- Art of weight loss across the borders”**, edited by Rami Lutfi, Mariano Palermo and Guy Bernard Cadere. The book is a publication of Springer in 2018.
4. Co-author of a chapter on **“Risk associated with sleeve gastrectomy”**, in a book called **“Laparoscopic Sleeve Gastrectomy”** by Salman Al-Sabah et al, published by Springer.
5. Co-author of a chapter on – **“Safety in Sleeve Gastrectomy: Evidence and Recommendations”** in a book called **Safety Guidelines in Minimal Access Surgery Practice** published by Jaypee.

Live surgical demonstrations and invited lectures

2023

- Invited faculty for the MGB training workshop in AMASICON 2023
- Invited faculty and speaker at AIG Hospital for IDMS 2023
- Invited faculty and speaker at APMBSS Rayong, Thailand, 2023

2021

- Invited faculty in Bariatric and Metabolic Live Operative Workshop organized by Medtronic in March 2021.
- Invited faculty in the 5th Women and Diabetes conference in March 2021.
- Invited faculty in the 24th ACRSI instructional course in Colo-proctology in April 2021.

2020

- Operative faculty and live bariatric surgery demonstration during OSSICON 2020 held in New Delhi in February 2020
- Director of the pre-congress course on Bariatric Nutrition during OSSICON 2020.
- Director of the 2 months long online Advanced Bariatric Nutrition Course which was endorsed by IFSO, OSSI and the University of Sunderland, UK.

2019

- Invited faculty in OSSICON 2019 held in Kolkata in January.
- Invited faculty in Bariatric master class held at CeMast Mumbai.
- Invited faculty and guest lectures in IFSO 2019, Madrid Spain.
- Invited faculty in Laparofit 9 held in Chennai
- Invited faculty at AIIMS Baricon in New Delhi

2018

- Operative faculty and live bariatric surgery demonstration at Dayanand Medical College, Ludhiana, India on 21st and 22nd May, 2018
- Faculty at LEADDS congress in Kochi- Talk on Medico-Legal Aspects in Clinical Medicine on May 13, 2018.
- Chaired a session on bariatric endoscopy, Mumbai Live Endoscopy, Jan 2018
- Faculty and pre-congress clinical research course organizer- OSSI 2018, Chennai, Feb 2018
- Masterclass- Collaborating in management of obesity and diabetes, March 2018, Bangkok, Thailand
- Faculty, Worldcon standardization meeting, March 2018, New Delhi

2017

- Keynote lecture on “Ethics in Surgery” in BARIME at All India Institute of Medical Sciences, New Delhi on December 2, 2017
- Faculty for Laparofit, 18th November, 2017, at Gem Hospital, Coimbatore.
- Live demonstration of laparoscopic Roux-en y gastric bypass and a laparoscopic sleeve gastrectomy at the Mohak international hands on course in bariatric and metabolic surgery, November 16th, 2017
- Invited faculty in the 5th national and 3rd Mediterranean Congress for the surgery of obesity and metabolic disorders- 12 to 15 October 2017 in Antalya, Turkey.
- Invited faculty in Controversies in bariatric surgery, 15th and 16th September, Apollo Hospital, New Delhi
- Invited faculty in the third IEF meeting at Taichung, Taiwan- July 2017.

- Live demonstration of Laparoscopic Banded Gastric Bypass- as a primary surgeon for the BLISS workshop in

May 2017 **2016**

- Live demonstration in Laparoscopic Revisional Surgery Workshop- Napoli, Italy, April 5, 6, 2016 as a part of CODS Team
- Live demonstration of Laparoscopic Roux en Y gastric bypass in first IEF workshop held in Ruby Hall Hospital on 23rd April, 2016 as a part of CODS team.

2015

- Live demonstration of Single Incision Sleeve Gastrectomy in ACMOMS 8 on June 5, 2015 (Primary Surgeon)
- Live demonstration of Laparoscopic Sleeve Gastrectomy in the Stryker Live Surgery Workshop held at Saifee Hospital on May 22, 2015 (Primary Surgeon)

2013

- Laparoscopic Sleeve Gastrectomy – ACMOMS- IEF workshop -at Saifee Hospital, Mumbai, India (Primary Surgeon)
- SILS Sleeve Gastrectomy at SAIMS, Indore, India (Primary Surgeon)
- Second SELSMA workshop, Hospital Serdang, Putrajaya Hospital, Malaysia

2011

- IBN SINA hospital, Dhaka, Bangladesh
- PSG Surgicon, Coimbatore, India

2010

- Min Sheng Hospital, Touhan, Taiwan
- ILS Hospital, Calcutta
- Apollo Victor Hospital, Goa

2008

- Asia Pacific Obesity Conclave, Shanghai
- Surgicon, Valsad

FACULTY AND ACADEMIC PRESENTATIONS AT KEY INTERNATIONAL FORUMS

2017

- Faculty in 3rd IEF Forum, Taichung, Taiwan, July 2017
- Faculty in MGB Conclave organized by ASTER Hospital, Bangalore, August 18th and 19th, 2017.
- Invited faculty and speaker at IFSO world congress in London, August 31st to 2nd, 2017

2016

- Faculty in OSSICON 2016, Feb 2016
- Faculty at the Revision Surgery Course, Naples, Italy, April 2016

- Faculty in IEF workshop, April 2016
- Organizing Secretary, ACMOMS IX, July 2016
- Faculty at IFSO 2016, Rio De Jenerio, September, 2016
- Faculty at Baricon 2016, December 2016, organized by AIIMS and Fortis Hospitals

2015

- Faculty and organizing committee member for OSSICON 2015, January 2015
- Faculty for the MGB course at PSG Surgicon, April 2015
- Organising Chairman- ACMOMS 8
- Faculty for MGB Conclave- Apollo Hospital Delhi, July 2015
- Faculty at Laparofit 7- Gem hospital, Chennai, Nov 2015

2014

- IFSO 2014- Montreal – Shortlisted for Best Poster Session

2013

- ACMOMS VI- July, Hyderabad
- IFSO 2013- August, Istanbul, Turkey
- SAIMS – September, Indore
- International Conclave on Advanced Bariatric and Metabolic Surgery- September, Bangalore
- Second SELSMA workshop- Puttrajaya, Malaysia
- Laparofit – November, Coimbatore

2012

- Metasurg, Pune, India, January
- Metabolic surgery consensus summit, BEST Institute and Research Center, Bangalore, February
- International Center for Excellence for Bariatric Surgery Training program- Ethicon Endo surgery, Mumbai, February
- Advanced laparoscopy training program, EISE, Mumbai, February
- 3 D Lapcon- ASI Gurgaon, March
- Obesity to Intensive Care Nutrition (OICN), Bhopal, March
- ACMOMS V- First Asian Metabolic Surgery Task Force Meeting, July, Gurgaon. • X VII IFSO- New Delhi, September

2011

- IBN SINA Hospital, Dhaka, Bangladesh, July
- IFSO World Congress, Hamburg, Germany, September
- Laparofit, Coimbatore, India, November
- PSG Surgicon, Coimbatore, India, December

2010

- **APMBSS**, Singapore 22nd and 23rd October
- **ACMOMS, Goa, August**

- OSSICON, Jaipur, March
- 2009**
- **IFSO APC, Cairns, Australia** in March
 - **ACMOMS, Jodhpur, October**
- 2008**
- **OSSICON, Calcutta, April**
 - **ACMOMS, Trivandrum, August**
 - PSG Surgicon, Coimbatore, April
- 2007**
- Asian meeting on Metabolic Surgery for Diabetes and Morbid Obesity, Goa, December
 - Organizing member at the Bariatric training workshop organized by CODS in July
- 2005**
- Student's workshop on Trends in Oncology at MGIMS Wardha

Memberships:

- International Federation for the Surgery of Obesity and Metabolic Disorders (IFSO)
- Obesity and Metabolic Surgery Society of India (OSSI)
- The Upper GI Surgeons (TUGSS)
- Indian Association of Gastrointestinal Endo-surgeons (IAGES)
- Endoscopic and Laparoscopic Surgeons of Asia (ELSA)
- International bariatric club (IBC)
- Indian Medical Association (IMA)
- Association of Medical Consultants (AMC)
- PCOS Society of India

Training Programs

1. AETF Colorectal Training program at Shanghai in November 2009.
2. Certification course for Bio-enteric Balloon Insertion organized by Allargan.
3. Medical writing course- Prof. Abe Fingerhut organized by Johnson and Johnson.

OTHER INTERESTS

1. Co-founder and Director of AuroMira Care Foundation, Mumbai- A charitable foundation set up alongwith Mr. C. B. Bhasker with the sole purpose of helping the needy in every way possible.
2. Painting is my passion and I delve in all forms of media.
3. Reading and writing blogs

CONTACT DETAILS

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