

DR. RAMEN GOEL

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CURRENT RESPONSIBILITIES

- Director, Center of Metabolic Surgery, Wockhardt Hospital, Mumbai, India
- Member, Bariatric Specialty Board, National Board of Examination, Govt of India
- Editor, Journal of Bariatric Surgery(JBS)
- Principal Investigator, Bariatric Revision Outcome Audit(BROAD Study)
- Associate Editor, Journal of Minimal Access Surgery(JMAS)
- Chairman, Research Committee, IAGES
- Trustee, Indian Association of Gastro-intestinal Endo-Surgeons(IAGES)
- Editorial Board Member, Indian Journal of Surgery(IJS)
- Program Director(Bariatrics), Institute of Medical & Minimal Access Surgery Training, Mumbai
- Member, Ethics Committee, Society of American Gastro-intestinal Endo-Surgeons(SAGES),2021-23
- Member, Bariatric & Metabolic Committee, Society of American Gastro-intestinal Endo-Surgeons(SAGES), 2021-23
- Chairman, Scientific Committee, World Congress of Endoscopic Surgery(WCES) 2024

QUALIFICATIONS

- B.Sc(Hons) - Bachelor of Science, 1978, Aligarh Muslim University, Aligarh, India
- M.B.B.S. - Bachelor of Medicine & Bachelor of Surgery, 1986, J N Medical College, Aligarh, India
- M.S.(General Surgery) Master of Surgery, 1989, J N Medical College, Aligarh, India
- FMBS – Honorary Fellow of Metabolic & Bariatric Surgery, Obesity Surgery Society of India, 2020
- FRCS(Edin) - Fellow(ad eundem) of Royal College of Surgeons, Edinburgh, 2020, United Kingdom
- FASMBS – International Fellow of The American Society of Metabolic & Bariatric Surgeons, 2022, United States
- Diploma Course(1) in Abdominal Surgery, 1993, University of Vienna, Austria
- Fellow of International College of Surgeons (FICS), 1999, India
- Fellow of Indian Association of Gastro-intestinal Endo Surgeons (FIAGES), 2012, India
- Honorary Fellow of Advanced Laparoscopic Surgery (FALS), 2012, India

ACCREDITATIONS, AWARDS & RECOGNITIONS

- Late Vandana Bambawala Oration Award at the 9th Annual National Conference of All India Association for Advancing Research in Obesity at Kolkata, India in 2013
- Stanley Surgery Professors Oration at the Government Stanley Medical College and Hospital, Chennai, India in 2017
- 1st Indian Surgeon of Excellence in Bariatric and Metabolic Surgery by Surgical Review Corporation, USA in 2016-2019
- Center of Excellence in Bariatric & Metabolic Surgery by Surgical Review Corporation, USA in 2016-19
- Dr H G Doctor Key Note Address at the joint conference of College of Surgeons of Sri Lanka and Indian Association of Gastro-intestinal Endo- Surgeons, Colombo, 2017
- Center of Excellence in Bariatric & Metabolic Surgery by Obesity Surgery Society of India, 2019 -2021
- Presidential Oration at the Indo UK Surgicon 2020 – A joint conference of Royal College of Surgeons & Indian Association of Gastro-intestinal Endo-Surgeons
- Presidential Oration at the Annual Conference of Gastro-intestinal Endo-Surgeons at Coimbatore, 2021
- Legendary Contribution Certificate by EndoSAARC21
- Lifetime Achievement Award by GSL Medical College, Rajahmundry, Andhra Pradesh, 2021
- Dr Santok Singh Anand Endowment Lecture by Association of Surgeons of India, 2022
- Best Researcher of the Year(2021-22) by the Indian Association of Gastro-intestinal Endo- Surgeons(IAGES) 2022

RELEVANT EXPERIENCE

- Director, Center of Excellence in Bariatric & Metabolic Surgery, Wockhardt Hospital, Mumbai July 2015 onwards
- Chief Bariatric Surgeon, Nova Surgical Specialty, Mumbai(2013-2015)
- Consultant Bariatric Surgeon, Fortis Hospital, Mumbai(2006-2013)
- Consultant Bariatric Surgeon, Bombay Hospital Post Graduate Institute of Medical Sciences(2003-2013)
- Honorary Associate Professor of Surgery, Grant Medical College and JJ Group of Hospitals, Mumbai(1994- 2010)

ADDITIONAL TRAINING

- Completed preceptor program in Bariatric Surgery at The Center for Surgical Treatment of Obesity (A designated center approved by ASBS), LA, USA, November 2004
- Completed live activity titled Adolescent Bariatric Surgery : from Assessment to Long Term Management at Cincinnati Children's Hospital Medical Center, Cincinnati, USA, March 2012
- Completed Robotic Surgical Simulator(RoSS) Training, Roswell Park Cancer Institute, Buffalo, NY, USA, May 2012

PUBLICATIONS

JOURNALS

1. Goel R, Amin P, Goel M, Marik S. Early remission of type 2 diabetes mellitus by laparoscopic ileal transposition with sleeve gastrectomy surgery in 23–35 BMI patients. *Int J Diabetes Dev Ctries (April–June 2011)* 31(2):91–96
2. Goel R. Obesity management: Where are we? practice, research, publication and application. *J Obes Metab Res* 2014;1:6
3. Goel R. Post Bariatric Surgery Nutrition and Health Dr. Vandana Bambawale Oration at AIAARCON at Kolkata on 21st December 2013. *J Obes Metab Res* 2014;1:95-8
4. Goel R. Bariatric surgery: What is holding back?. *J Obes Metab Res* 2015;2:1-2
5. Goel R. Mini gastric bypass: Un-answered questions. *Journal of Minimal Access Surgery*. 2017;13(4):323-324.
6. Nasta, A.M., Patel, D., Shrivastav, O. et al. Mesenteric Panniculitis—First Case Series After Bariatric Surgery. *OBES SURG* (2018) 28: 881.
7. Nasta, A.M., Goel, R., Dharia, S. et al. Weight Loss and Comorbidity Resolution 3 Years after Bariatric Surgery – An Indian Perspective. *OBES SURG*(2018) 28:2712-2719
8. Goel, R., Goel, M., Nasta, A.M. et al. Portion Control Eating—a Determinant of Bariatric Outcomes *OBES SURG* (2018) 28:3738-3743
9. Bhandari M et al, Standardization of Bariatric Metabolic Procedures: World Consensus Meeting Statement. *Obes Surg*(2019) 29(Suppl 4):309-345
10. Goel Ramen, Goel M, Nasta A. Bariatric Surgery for Obesity and Metabolic Syndrome. *The Journal of Obstetrics and Gynaecology of India*(May 2019) 69(3):205-207
11. Nasta AM et al Is Sleeve Gastrectomy Over Criticized? A single center Indian experience with 5 year follow up results. *SOARD*(2019):1-5
12. Aashik Shetty¹, Amrit Nasta¹, Amit Gupte², Ramen Goel¹. The role of upper gastrointestinal endoscopy in bariatric procedure selection: A case series and literature review. DOI: 10.4103/jmas.JMAS_139_19
13. Bhatia IN, Nasta AM, Goel MR, Goel RG. Prevalent bariatric dietary practices: Is India on the same page? *Journal of Minimal Access Surgery*(2020) 381-385
<http://www.journalofmas.com/article.asp?issn=0972-9941;year=2020;volume=16;issue=4;spage=381;epage=385;aualast=Bhatia;type=0>
14. Nagarajan, B., Gupta, K., Nasta, A. et al. Usefulness of Preoperative Trans-Abdominal Ultrasound Prior to Bariatric Surgery. *SN Compr. Clin. Med.* 2, 11–15 (2020).
15. Srivastava A, Amrit Nasta AM, Pathania BS et al. Surgical Practice Recommendations for Minimal Access Surgeons during Covid 19 Pandemic – Indian Inter- Society Directives. *Journal of Minimal Access Surgery*.;16: 195-200
<http://www.journalofmas.com/article.asp?issn=0972-9941;year=2020;volume=16;issue=3;spage=195;epage=200;aualast=Srivastava>
16. Sundaram E, Kanagavel Manickavasagam K, Goel R et al. Indian Association of Gastro-intestinal Endo Surgeons Covid-19 Endoscopy Recommendations. *Journal of Minimal Access Surgery* 2020;16:201-5
<http://www.journalofmas.com/article.asp?issn=0972-9941;year=2020;volume=16;issue=3;spage=201;epage=205;aualast=Sundaram>

17. Shetty A, Makhija P, Goel R, Nasta A, Goel, M. Headache in bariatric patient – Is it idiopathic intra cranial hypertension?. Indian Journal of Surgery. DOI 10.1007/s12262-020-02354-0
18. Nasta A, Goel R, Kanagavel M, Easwarmoorthy S. Impact of Covid-19 on General Surgical Practice in India. Indian Journal of Surgery 2020
<https://link.springer.com/article/10.1007/s12262-020-02443-0>
19. Allan M, Mahawar K, Blackwell S et al. COVID-19 research priorities in surgery (PRODUCE study): A modified Delphi process. British Journal of Surgery Vol 107, e538-e540 Oct (2020) <https://bjssjournals.onlinelibrary.wiley.com/doi/10.1002/bjs.12015>
20. Goel R, Nasta A, Goel M et al. Complications after bariatric surgery: A multicentric study of 11,568 patients from Indian bariatric surgery outcomes reporting group. Journal of Minimal Access Surgery, September 2020
<http://www.journalofmas.com/preprintarticle.asp?id=294952>
21. Singhal R, Tahrani AA, Ludwig C, Mahawar K; GENEVA collaborators. Global 30-day outcomes after bariatric surgery during the COVID-19 pandemic (GENEVA): an international cohort study. Lancet Diabetes Endocrinol. 2021 Jan;9(1):7-9. doi: 10.1016/S2213-8587(20)30375-2. Epub 2020 Nov 27. PMID: 33253631; PMCID: PMC7832244.
22. Nasta A M, Goel R, Goel M, Malek A. Undiagnosed Hyperglycemia Is a Potential Long-term Risk in Metabolic Surgery Patients: 7 Years Follow-up Study. Obesity Surgery July 2021. <https://doi.org/10.1007/s11695-021-05570-z>
23. Singhal R, Ludwig C, Rudge R, Gkoutos GV et al. 30-Day Morbidity and Mortality of Bariatric Surgery During the COVID-19 Pandemic: a Multinational Cohort Study of 7704 Patients from 42 Countries. Obesity Surgery. July 2021 <https://doi.org/10.1007/s11695-021-05493-9>
24. Bhasker AG, Khaitan M, Bindal V, Kumar A, Rajkumar A, Kaushal A, et al. Impact of COVID-19 pandemic on bariatric surgery in India: An obesity and metabolic surgery society of india survey of 1307 patients. J Min Access Surg 2021;17:542-7
25. Singhal, R, Wiggins, T, Super, J, et al. 30-Day morbidity and mortality of bariatric metabolic surgery in adolescence during the COVID-19 pandemic – The GENEVA study. Pediatric Obesity. 2021;e12832. <https://doi.org/10.1111/ijpo.12832>
26. Kermansaravi M, Omar I, Kamal Mahawar K, Shahabi S et al. Religious Fasting of Muslim Patients After Metabolic and Bariatric Surgery: a Modified Delphi Consensus. Obesity Surgery <https://doi.org/10.1007/s11695-021-05724-z>
27. Nasta AN, Goel R, Pardiwala B, Toraskar K, Desai A. A Pilot Study to assess the impact of Zinc hyper supplementation on hospital stay of Covid19 patients – Results of a prospective controlled study. Journal of the Indian Medical Association. 119;11, Nov 2021. 33-37
28. Singhal, R., Cardoso, V.R., Wiggins, T. et al. 30-day morbidity and mortality of sleeve gastrectomy, Roux-en-Y gastric bypass and one anastomosis gastric bypass: a propensity score-matched analysis of the GENEVA data. Int J Obes (2021). <https://doi.org/10.1038/s41366-021-01048-1>
29. Singhal R, Omar I, Madhok B, Rajeev Y, Graham Y, Tahrani AA, Ludwig C, Wiggins T, Mahawar K; GENEVA Collaborators. Safety of Bariatric Surgery in ≥ 65-Year-Old Patients

During the COVID-19 Pandemic. *Obes Surg.* 2022 May 5:1–13. doi: 10.1007/s11695-022-06067-z. Epub ahead of print. PMID: 35513762; PMCID: PMC9071248.

30. RishiSinghala IslamOmarb BrijeshMadhokc ChristianLudwigd Abd A.Tahranidef KamalMahawarg GENEVA Collaborators. Effect of BMI on safety of bariatric surgery during the COVID-19 pandemic, procedure choice, and safety protocols – An analysis from the GENEVA Study. *Obesity Research & Clinical Practice.* Volume 16, Issue 3, May–June 2022, Pages 249-253

Books

1. Contributed chapter 'Recent Advances in Management of Obesity' in volume 1 of book titled *Progress in Reproductive Endocrinology* published by Federation of Obstetric and Gynaecological Societies of India in 2003
2. Editor, 4th Edition Textbook of Laparoscopy published by Indian Association of Gastro-intestinal Endo-surgeons in 2018
3. Contributed chapter on 'Lap Adjustable Gastric Band' in 4th Edition Textbook of Laparoscopy published by Indian Association of Gastro-intestinal Endo-surgeons in 2018
4. Contributed chapter on 'Sleeve Gastrectomy' in 4th Edition Textbook of Laparoscopy published by Indian Association of Gastro-intestinal Endo-surgeons in 2018
5. Contributed chapter on 'Mini Gastric Bypass' in 4th Edition Textbook of Laparoscopy published by Indian Association of Gastro-intestinal Endo-surgeons in 2018
6. Contributed chapter on 'Hernia in Obesity – Recent Guidelines' in 1st Edition of *Recent Advances in Minimal Access Surgery* published by Indian Association of Gastro-intestinal Endo Surgeons in 2019
7. Goel, Ramen, Nasta, Amrit & Goel, Madhu. (2021). *Neurological Complications After Bariatric Surgery.* 10.1007/978-981-33-4702- 1_13.

PROFESSIONAL SERVICE

- President, Indian Association of Gastro-intestinal Endo Surgeons(IAGES)(2020-21)
- Sectional(Bariatric) Editor, *Journal of Minimal Access Surgery(JMAS)*, (2017-2020)
- Reviewer, *International Journal of Obesity (IJO)*, *Obesity Surgery*, *Journal of Minimal Access Surgery(JMAS)*, *Indian Journal of Surgery(IJS)* and *Surgery of Obesity And Related Disease(SOARD)*
- Co-Chief Editor, *Journal of Obesity and Metabolic Research (JOMR)*(2013-2015)
- Co-Editor, 4th Edition of 'Comprehensive Laparoscopic Surgery' book published in 2018 by Indian Association of Gastro-intestinal Endo-surgeons
- Governing Council member, *International Association for Study of Obesity (IASO)* (2008-2010)
- President, *All India Association for Advancing Research in Obesity* (2007-2009)
- Hon Secretary, *All India Association for Advancing Research in Obesity* (2005-2007)
- Member, *Education & Management Task Force (EMTF)*, *International Association for Study of Obesity* (2008-2010)

- Executive Committee Member, Indian Association of Gastro-intestinal Endo Surgeons (2008-2010)
- Founder member and Executive Committee Member, Obesity Surgery Society of India (OSSI) (2003-2006)
- Member Representative, Asia Pacific Chapter, International Federation for Surgery of Obesity(2011-2013)
- Member Ethics Committee, International Federation for Surgery of Obesity (IFSO)(2012-2013)

Invited Guest Faculty

- All 18 Annual National Conferences of Obesity Surgery Society of India (OSSI)
- All 13 Annual National Conferences of All India Association for Advancing Research in Obesity (AIAARO)
- Asia Pacific Chapter of International Federation for Study of Obesity Conference held at Rusutsu, Japan
- Asia Pacific Metabolic & Bariatric Surgery Society conference held at Seoul, South Korea
- Annual National Conference of Egyptian Society for Bariatric Surgery (ESBS) held at Cairo, Egypt
- Annual Conference of American Society of Metabolic & Bariatric Surgery (ASMBS) held at New Orleans, USA
- International Conference on Obesity (ICO) organized by International Association for Study of Obesity (IASO) at Geneva, Switzerland
- International Diabetes Surgery Summit held at New York, USA
- Annual Conference of International Federation for surgery of Obesity (IFSO) held at Delhi, India in 2012
- Annual Conference of International Federation for surgery of Obesity (IFSO) held at Montreal, Canada in 2014

Conferences Organized

- 3rd Annual Bariatric Masterclass, Mumbai, 2019
- Silver Jubilee International Cruise Conference of Indian Association of Gastro-intestinal Endo Surgeons, Maldives, December 2018
- 2nd Annual Fellowship Course in Bariatric Surgery by Indian Association of Gastro-intestinal Endo Surgeons, Mumbai, October 2017
- Annual Conference of Obesity Surgery Society of India (OSSICON), Mumbai, February 2015
- 2nd Annual Nova Bariatric Master Class, Mumbai, 2014
- 1st Annual Nova Bariatric Master Class, Mumbai, 2013
- 5th Asia Pacific Obesity Conference of IASO, Mumbai, 2009
- 5th Annual National Conferences of All Indian Association for Advancing Research in Obesity, Mumbai, 2007
- 3rd Annual National Conferences of All Indian Association for Advancing Research in Obesity, Mumbai, 2005

- Conducted 1st Laparoscopic Cholecystectomy Workshop, Mathura, 1994