

CICO PROGRAM-2027

Welcome Address: OSSI President

2/1/27, Saturday

TOPIC	SPEAKER
OVERVIEW Of Obesity – Need for CICO	Sarfaraz Baig and OSSI President - Opening Remarks
Linking Obesity and Metabolic Syndrome: Pathophysiology – Do We Understand It Well?	Nitin Kapoor
Obesity Treatment Guidelines	Asim Shabbir

3/1/27

TOPIC	SPEAKER
Clinical Evaluation and Lab Tests for Obesity	Sarfaraz Baig (SB)
Obesity Assessment and Sarcopenia	Neeta Deshpande

16/1/27

TOPIC	SPEAKER	MODERATOR
Nutritional Assessment for Obesity, Challenges and Way Forward	Radha Chada	Richa Jaiswal, Swapna Chaturvedi
Dietary Management of Obesity - Evidence Beyond the Fads	Lillian Craggs Dino	Ritika Samaddar
Mental Health and Obesity	Adrian Toh	Tham Kawang

17/1/27

TOPIC	SPEAKER	MODERATOR
Physical Training in The Management of Obesity	Devimeena	Praveen Raj
Group Activity	Delegates	Richa Jaiswal (RJ)

23/1/27

TOPIC	SPEAKER	MODERATOR
Obesity Management Medications (OMM)	Ajoy Biswas	Sarfaraz Baig
Adolescent Obesity and Treatment Plan	Aashima Gupta Dabbas	
Group Activity		SB, RJ

24/1/27

TOPIC	SPEAKER	Moderator
History of Surgical Treatment of Obesity, Mechanism and Careful Patient Selection	Praveen Raj	Sarfaraz Baig (SB)
Nurses' Role in the Continuum of Care for Obesity and Metabolic Bariatric Surgery	Jarryd Walkley	Richa Jaiswal (RJ)

30/1/27

TOPIC	SPEAKER
Benefits Of Weight Loss on Diabetes, Obstructive Sleep Apnea, Osteoarthritis, Neurological, Immunity Parameters and Infertility in Medical and Surgical Contexts	Randeep Wadhawan
Perioperative Management of Patients Undergoing Metabolic Bariatric Surgery	Richa Jaiswal

31/1/27

TOPIC	SPEAKER	Moderator
Common Nutritional Concerns After Metabolic Bariatric Surgery	Mary O Kane	SB, RJ
Preparing Patients for Life After Metabolic Bariatric Surgery	Yitka Graham	Pinal Shah
Role Of Protein in Weight Management and Post-MBS	Gauri Murthy	Shiny Surendran

6/2/27

TOPIC	SPEAKER	
Weight Regain	Sarfaraz Baig	Swapna Chaturvedi
Sarfaraz Baig, Richa Jaiswal		
Panel Discussion- Integrating Obesity Management Medications Before and After Metabolic Bariatric Surgery: A New Paradigm	Chetan Parmar, Tham Kwang Wei, Manish Khaitan, Arun Prasad	
Rare Case and Nutritional Management- Group Discussion	Richa Jaiswal, Radhika Shah	

7/2/27

Holistic Approach and Biological Clock in Weight Management	Richa Jaiswal
1/2/26	Moderator: Sarfaraz Baig, Richa Jaiswal, Radhika Shahv
Case capsules-1	TOPICS
Gyan Saurav Arun Kumar Mariam Julie Parrot Anuja Aggrawala Nikita	Gastric Oesophageal Reflux Disease (GERD) Sub-Optimal Clinical Response to Diabetes Chronic Kidney Disease (CKD) Adolescent Obesity Iron Deficiency Pregnancy
13/2/27	
Algorithm for Management of Obesity- A Guide for Clinicians	Sarfaraz Baig
14/2/27	Moderator: Sarfaraz Baig, Richa Jaiswal, Shamika
Case capsules-2	TOPICS
Madhu Goel Raj Palaniappan Beena Arora Sarfaraz Baig Deeba Siddiqui	Alopecia Bone Health Sarcopenia/Protein Energy Malnutrition (PEM) Small Intestine Bacterial Overgrowth (SIBO) Steatorrhea Pancreatic Enzyme Deficiency Dumping Syndrome

20/2/27- Online Exam



