



NIKITA SANJAY SINGH

REGISTERED DIETITIAN | +91 9730214012 | nikeetaal6@gmail.com |

8 years of experience ,interested in exploring the **Bariatric & metabolic** field to utilize my knowledge for the betterment of the patients.

Experience

HOD Bariatric diet department - NObesity Bariatric Centre.	Sept. 23 till date
Bariatric Dietitian - Nobesity Bariatric Surgery center.	Jul.19 - Sept. 23
Clinical Dietitian - Columbia Asia Hospital, Pune	Dec.15 to Jul.18

Strengths

Teamwork & Leadership ,Good Counselor. Insightful and Intuitive, Creative, Dedicated, adaptive
Proficient in Microsoft excel & powerpoint . Expertise in leveraging various social media platforms for effective outreach, content creation, and audience engagement.

Internships: Columbia Asia Hospital, Aditya Birla Memorial Hospital, Aster Medipoint hospital .

Educational Qualification

PG diploma & BSc.in Nutrition and Dietetics , SNTD, Pune.

Courses- CICO - OSSI (2023), Advanced Bariatric nutrition -SVT (2021)

Life Membership : IDA (10164) , OSSI (IM0476) , IFSO (IN122)

Achievements & Awards :

- ❖ **Faculty** at the **IFSO APC conference 2025**, Mumbai.
 - ❖ **Co-Convener** OSSI Integrated Health 2024-2026 , India.
 - ❖ **Publication**
“Post Bariatric weight loss with muscle loss - are they correlating with patient complaints weakness & muscle pain ?”, Journal of Bariatric Surgery Vol 2., 2023
 - ❖ **Paper presentation IFSO 2023 , Napoli. Italy.**
A study to observe measurable differences post bariatric- metabolic surgery through body analysis data.
 - ❖ **Poster presentation OSSICON 2023 , Mumbai.**
Post Bariatric weight loss with muscle loss - are they correlating with patient complaints weakness & muscle pain ?
 - ❖ **BEST PAPER PRESENTATION in OSSICON 2022 , Bangalore.**
A 5-year Cross-Sectional study of Nutritional status in Post- Roux-en-Y Gastric Bypass operated at a high volume center across Western India.
 - ❖ **Best Dietitian of the year 2021**
 - ❖ **Registered dietitian (RD No. - 512018)**
 - ❖ **Star employee**
 - ❖ **Appreciation certificate for volunteering**
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| Nobesity Bariatric Surgery Centre |
| Indian Dietetic Association |
| Columbia Asia hospital |
| IDACON 2013 |

Activities

- Participation as Faculty & Delegate -OSSICON 2024 Kochi
- Volunteered as an Emcee for the FALS bariatric conference course 2022.
- Panelist at OSSICON 2020, Delhi.
- Clinical study – Monitoring intake in patients with fixed menu plan & patients provided with a food choice form.
- Contribution in dietary data collection (Hirabai Cowasji Jehangir Medical Research center)
'Studies in health and nutritional status of rural Indian children with special reference to role of Vitamin D and Zn. in prevention of infection'

