

CERTIFICATION IN INTEGRATED CARE OF OBESITY (CICO) CHAPTER 2.

AN ONLINE CERTIFICATION COURSE CERTIFIED BY
OBESITY SURGERY SOCIETY OF INDIA (OSSI) AND
INTERNATIONAL FEDERATION FOR THE SURGERY OF
OBESITY (IFSO)

ENDORSED BY



Obesity is the commonest disease in the world and there is an increasing recognition of the importance of holistic management. Each year, millions of patients seek treatment. There is a need for healthcare providers who can impart evidence based multidisciplinary treatment.

Bariatric surgery has become the treatment of choice for morbid obesity. Each year, thousands of patients undergo the surgery and need preoperative screening, postoperative immediate and long-term care, and support. This includes weight loss monitoring, medical treatment of comorbidities, nutritional care, and psychological support. A holistic care like this requires dedicated physicians, surgeons, dietitians, nurse, and psychologists in addition to other specialists.

There has been a rapid increase in knowledge and research in obesity management. However, there is still a deficiency of courses imparting cross-specialty knowledge. Additionally, there is a lack of enough allied health professionals dedicated to bariatric discipline in most parts of the world leading to suboptimal management.

This 7-week certification course aims to build physicians/ surgeons/ dietitians / psychologists for providing integrated care of obesity and sensitized to bariatric surgery to bridge this gap. The course will have lectures by experts in their field, with stress on practical knowledge. It is endorsed by International Federation for Surgery of Obesity and Metabolic Disorders (IFSO) and certified by Obesity Surgeons Society of India (OSSI).

COURSE DESCRIPTION

There will be 4 CICO certifications -

- CICO (Medicine)
- CICO (Nutrition)
- CICO (Psychology)
- CICO (Bariatric Surgery)
- CICO (Nursing)

There will be 28 lectures over 7 weeks. There will be 4 lectures every weekend on Saturdays and Sundays over 90 minutes per day.

Those applying for CICO in Medicine and Surgery will need to attend all lectures.

Candidates for CICO in Nutrition and CICO in Psychology will need to attend their relevant lectures. However, they are encouraged to attend all lectures to get maximum benefit from the course and get extra credit.

WHO WILL BENEFIT FROM THE COURSE?

Physicians, surgeons, and allied health professionals working or aspiring to work in the field of obesity/in a bariatric unit will benefit from this course. The certification by OSSI & IFSO will give them the edge in their profession.

MINIMUM ELIGIBILITY

1. MBBS or equivalent – CICO (Medicine)
2. B.Sc. in Nutrition or equivalent – CICO (Nutrition)
3. B.A. in Psychology or equivalent – CICO (Psychology)
4. B. Sc. in Nursing or equivalent - CICO (Nursing)
4. MS (Surgery) or equivalent – CICO (Bariatric Surgery)

WHAT WILL YOU LEARN?

- Pathophysiology of obesity
- Obesity associated related diseases / metabolic syndrome
- Knowledge on evidence-based weight loss diets/ physical activity in weight loss programs
- Indications of bariatric surgery- guidelines
- Preoperative evaluation of patients undergoing bariatric surgery/ weight loss management
- Nutritional management of patients undergoing bariatric surgery
- Follow-up the patients undergoing bariatric surgery
- Psychological evaluation and management of patients with obesity
- Awareness of nutritional and metabolic complications after bariatric surgery
- Learning the effects of bariatric surgery on diabetes, GERD, chronic liver disease, sleep apnea, arthritis, organ dysfunction, infertility.

COURSE EXAM

Candidates will take an online viva exam at the end of the course. Those who pass the exams will be awarded CICO certified by OSSI & endorsed by IFSO in the following OSSICON.

COURSE PERIOD: 06/01/2024 - 25/02/2024

COURSE FEE

Rs 5000 INR (Indian delegates)
100 USD (Foreign delegates)

Candidates will need to make online bank transfer before taking the course.

PAYMENT DETAILS -

BANK: STATE BANK OF INDIA

NAME: OBESITY SURGERY SOCIETY OF INDIA

IFSC: SBIN0060399

Swift Code: SBININBB651

Account no. – 11153671291

Type of account – Current

Branch – Ahmedabad, C G Road



To check your eligibility, click on the given link,
<https://forms.gle/3xJPJAVFqbE1w8Pr9> or scan the given QR Code.



COURSE DIRECTOR

Dr. Sarfaraz Jalil Baig

Director, Digestive Surgery Clinic
Kolkata, India



COURSE DIRECTOR

Dt. Richa Jaiswal

Registered Dietitian, AIIMS
New Delhi, India