

CERTIFICATION IN INTEGRATED CARE OF OBESITY (CICO) EDITION-2 (2024)

with



DR. SARFARAZ J. BAIG

COURSE DIRECTOR

and



DT. RICHA JAISWAL

COURSE DIRECTOR

SESSION I - MAGNITUDE & HEALTH IMPACT OF THE DISEASE

DATE	TOPIC	SPEAKER
06.01.2024	Obesity – The Magnitude of the Problem – Need of CICO?	OSSI President / Course Director
06.01.2024	Obesity – Pathophysiology – Do We Understand It Well?	Bisher Mustafa
06.01.2024	Obesity Associated Diseases – Concept of Metabolic Syndrome	Sarfaraz Baig

SESSION II - ASSESSMENT, TREATMENT & DELEGATES ACTIVITY

DATE	TOPIC	SPEAKER
07.01.2024	Obesity Treatment Guidelines	Asim Shabbir
07.01.2024	Clinical Evaluation and Lab Tests of Patients with Obesity	Sarfaraz Baig
07.01.2024	Nutritional Assessment	Radha Chaddha

13.01.2024	Sarcopenic Obesity and Treatment	Luca Busetto
13.01.2024	Debunking the Myths in Obesity Management	Debate by Delegates

SESSION III - MAGNITUDE & HEALTH IMPACT OF THE DISEASE

DATE	TOPIC	SPEAKER	MODERATOR
14.01.2024	Dietary Treatment of Obesity – Fad Vs Evidence–Based Diets	Lillian Cragg Dino	
14.01.2024	JOURNAL CLUB - Ethics & Protocol	Dr Ramen Goel	
20.01.24	Preparing Patients for Life after Bariatric Surgery	Yitka Graham	
20.01.2024	Mental Health Obesity and Treatment	Ashima Nehra Wadhawan	
21.01.2024	Anti–Obesity Medicines – What, Where, When?	Subhankar Chowdhary	
21.01.2024	Adolescent Obesity	Subrata Dey	

SESSION IV - SURGICAL MODALITIES & PERIOPERATIVE CARE

27.01.2024	Surgical Treatment of Obesity and Perioperative Care	Randeep Wadhawan	
27.01.2024	Perioperative Nursing Care in MBS	Jenny Abraham	
27.01.2024	Perioperative Nutritional Management of Patients Undergoing Bariatric Surgery	Richa Jaiswal	Ritika Samaddar

SESSION V - BIG BANG THEORY

DATE	TOPIC	SPEAKER	MODERATOR
28.01.2024	Respective Countries' Position in the Holistic Management of Obesity and Indications	OPEN HOUSE – EC Member of Respective Country: Australia, Bharat – Praveen Raj, K.S. Kullar, Italy, UK, USA	RAMEN GOEL RANA PULLATT SANDEEP AGGARWAL.

SESSION VI - POSTOPERATIVE SURVEILLANCE

03.02.2024	Recurrent Weight Gain & Management	Aparna Govil Bhaskar	
03.02.2024	Gastroesophageal Reflux Disease (GERD) & Bariatric Surgery	Sandeep Aggarwal	
04.02.2024	Neurological Complications After Bariatric Surgery	Benjamin Osborne, MD	Manisha Sharma
04.02.2024	Importance of Metabolic Medicine Post-Surgery	Claudia Coelho	Dimitris Papamargaritis
04.02.2024	Anaemia after Bariatric Surgery	Mary O’Kane	Carlyne Remedios
11.02.2024	Common Concerns After Bariatric Surgery Dumping, Syncope, GI Symptoms, Diarrhoea, Vomiting, Generalised Weakness	Delegates Desk Assessment Criteria	Certification in Integrated Care of Obesity (CICO) Edition 1 and Edition 2 TEAM TWINNING

SESSION VII - HOLISTIC MODEL IN OBESITY TREATMENT

17.02.2024	Diabetes Mellitus and Weight Loss	Alex Miras	
17.02.2024	Obesity, Chronic Liver Disease (CLD) and Weight Loss	Chetan Parmar	

DATE	TOPIC	SPEAKER	MODERATOR
18.02.2024	Obesity, Infertility and Weight Loss	Abdelrahman Nimeri	GYNECOLOGIST
18.02.2024	A Holistic Model for Managing Obesity	Muffazal Lakdawala	
18.02.2024	Physical Training in The Treatment of Obesity	TBA	

SESSION VIII - CASE CAPSULES

MODERATORS: SARFARAZ BAIG, RICHA JAISWAL

24.02.2024	Alopecia & Post Bariatric Supplements	Madhu Goel	
24.02.2024	Protein Energy Malnutrition (PEM), Iron Deficiency	Beena Arora	
24.02.2024	Sarcopenia / Recurrent Weight Gain	Rajkumar Palaniappan	
24.02.2024	Role of Protein in Obesity Management	Gauri Murthy	
24.02.2024	Small Intestinal Bacterial Overgrowth (SIBO)	Ramen Goel	
24.02.2024	Steatorrhea	Sumeet Shah	
24.02.2024	Pancreatic Enzyme Deficiency	Sarfraz Baig	

SESSION IX - CASE CAPSULES

LEARN THE TREATMENT ALGORITHMS FROM SPECIALISTS

DATE: 25.02.2024

MODERATORS: SARFARAZ BAIG, RICHA JAISWAL

Special Concerns	Surgeon	Other Discipline (Nutritionist/ Pulmonologist/ Physician/Diabetologist/Behaviour Therapist)
Dumping Syndrome	Arun Prasad	Deeba Siddiqui (Nutritionist)
Diabetes Medicine	Dr Randeep Wadhawan	Endocrinologist
Continuous Positive Airway Pressure Adjustments (CPAP) Perioperatively	Amit Bhambari	Karan Madan (Pulmonologist)
Pregnancy	(Gynecologist)	Nutritionist
Chronic Kidney Disease	Vandana Soni	Nephrologist
Psoriasis	Dr Sarfaraz Baig	Dermatologist
Recurrent Weight Gain	Rana Pullatt	Arya Singh (Nutritionist)

NOTE:

- JOURNAL CLUB EVERY SUNDAY FROM 3RD WEEK OF COURSE SESSION.
- ONLINE EXAM ON 02.03.2024.