Dr. Manish Khaitan

MS (Gen. Surgery), FAIS, FALS

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Experienced Bariatric Surgeon who specializes in providing comprehensive care to patients with obesity having done 5000+ Bariatric Surgeries so far. Having extensive experience in performing a variety of bariatric surgeries, including laparoscopic gastric bypass, sleeve gastrectomy, and One anastomosis gastric bypass and also performed numerous revisional bariatric surgeries, such as sleeve gastrectomy to gastric bypass surgery, sleeve gastrectomy to One anastomosis gastric bypass.

He has published numerous scientific articles and lectured nationally and internationally on the topic of bariatric surgery. Trained almost 100+ surgeons in the field of bariatric surgery. Presented work at multiple National and International conferences. Member of many professional societies and has been a recipient of numerous awards and accolades in the Bariatric field. He is an Associate Member in Journal of Bariatric Surgery (JBS) which is the first of its kind exclusive bariatric surgery journal of Asia-Pacific region. Involved in various social activities and is an active member of several medical organizations.

He has a strong commitment to providing compassionate care to patients as well as ensuring safety and excellent outcomes. He is a teacher at heart and is extremely passionate about providing education and support to all numerous surgeons all across the country.

Educational Qualification

MBBS

B J Medical College, Ahmedabad, Gujarat, India

MS (General Surgery) – Gold Medalist

B J Medical College, Ahmedabad, Gujarat, India

Fellowship Training in Bariatric Surgery

Completed training in Bariatric Surgery under Dr. Kelvin Higa (USA)

Professional Experience

- •Chief Surgeon & Director Nobesity Bariatric Surgery Centre since 2016.
- •Head of the Bariatric Surgery Department at K D Hospital, Ahmedabad from 2019-Till Date
- •Head of the bariatric Surgery Department at COLUMBIA ASIA Hospital, Ahmedabad from 2016-2018
- •Worked as a Director, Bariatric surgery department, Asian Bariatrics from 2012-2016
- Worked as a visiting GI surgeon at Mittal Hospital, Ajmer.
- •Worked as a Head of the Department GI Surgery at Medilink Hospital & Navjivan Hospital Ahmedabad for 10 years.
- Worked with Dr. S. C. Kukretti at Gujarat Research and Medical Institute, Shahibaugh.
- Worked as an assistant Professor in the Department of Surgery in Civil Hospital, Ahmedabad, from 2000-2003.
- •Senior Residency in Civil Hospital, Ahmedabad till 2000.

Accomplishment under Presidentship of OSSI (2022)

- Past president of Obesity Surgery Society of India (OSSI)
- Started YOUNG Obesity Surgery Society of India (OSSI)
- Started integrated health program of Obesity Surgery Society of India (OSSI)
- Joined hands with Bariatric Surgeons to publish multicentric trials.
- During his Presidency he standardized all bariatric procedures in India.
- Started Journal of Bariatric Surgery (JBS)
- Started OSSI National Registry
- •Conducted National Conference of OSSI 2022 in Bangalore as an OSSI President with 500+ registration

- •Started collaboration in BOMSS (British Obesity & Metabolic Surgery Society) for future research and young student exchange program.
- •Organized and conducted FALS Degree Bariatric Course where 30 young surgeons were awarded Fellowship Degrees (2022).

Selected as a candidate for Member at Large 2024-26 in IFSO (International Federation of Surgery for Obesity) – APC at 8th IFSO-APC meeting at Schengen, China

Invited as Faculty

National

•He has been invited to speak and train at numerous national conferences like OSSICON (2012, 2013, 2014, 2015, 2016,

2017, 2018, 2019, 2021, 2022, 2023) GUJSURGCON, AIIMS

BARICON (2021, 2023), AMASICON (2020, 2021, 2022), IAGES

NATIONAL CONFERENCE (2021, 2022, 2023).

International

- •IFSO (International Federation of Surgery for Obesity) APC. (2012, 2020, 2022, 2023)
- •IFSO-EC chapter (2020)
- ASMBS (American Society of Metabolic and Bariatric Surgery) (2019 to 2023)
- Duke Bariatric Master Class (2020)

Invited as Operating Faculty at various Conferences and Live Workshops.

Paper Presentation

- •IFSO-APC- result of Sleeve in resolution of Diabetes. (2014)
- •IFSO- Long term Nutritional Implication of Sleeve Gastrectomy (2013)
- •ASMBS-Management of Sleeve leaks. (2014)
- •Obesity Journal- Effect of Bariatric Surgery in Immunosuppressive patient (2018)
- •Incidence of internal hernia in non-closure of Petersen's defect after RYGB" (2019)

Video Presentation on internal Hernia.

Journal Publications

- 1.Evaluation of the effects of bariatric surgery in terms of weight loss and diabetes remission in the Indian population (Dubai Diabetes and Endocrinology Journal, 2021)
- 2. Pregnancy outcomes post bariatric surgery- A single center retrospective study from India (Obesity Surgery: 2021)
- 3.Good to excellent quality of life in patients suffering from severe obesity post-bariatric surgery: A single-center retrospective study report using bariatric analysis and reporting outcome system questionnaire (2020, JMAS)
- 4.Effect of COVID-19 Pandemic on Global Bariatric Surgery Practices The COBRAS study (Obesity Research & Clinical Practice, 20210)
- 5. Obesity Risk assessment concept (Diabetes and obesity International Journal, 2021 January)
- 6.Trends and progress of bariatric and metabolic surgery in India (Updates in Surgery, Published: 24 April 2020)
- 7.Banded sleeve converted to RYGB (2018, Obesity surgery Video journal)
- 8. The First Modified Delphi Consensus Statement for Resuming Bariatric and Metabolic Surgery in the COVID-19 Times. (Obes Surg. 2020).
- 9. Obesity and Metabolic Surgery Society of India (OSSI) Recommendations for Bariatric and Metabolic Surgery Practice During the COVID-19. (Obese Surg. 2020 Dec.)
- 10.Bariatric Surgery in Immunocompromised Patients: Outcomes from One Year Follow-up (obesity surgery ,2018)
- 11.Endoprosthesis versus Gastric bypass Our experience in Management of 5 cases of leaks after sleeve gastrectomy endoprosthesis (August 2014, Obesity Surgery)
- 12.A Study on Nutritional Assessment After Sleeve Gastrectomy- Analysis of 50 Patients (August 2013, Obesity Surgery)