

Mohamed Ismail

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Age : 61yrs Date of Birth : 26th May, 1961

MEDICAL EDUCATION

Trivandrum Medical College, Kerala 1978-1983
MBBS(Bachelor of Medicine and Bachelor of Surgery)

Kasturba Medical College, Mangalore University, Karnataka
MS (Post Graduation in Surgery) 1987-1989
Best Out Going Student of the Year

Pushpagiri Hospital, Tiruvalla, Kerala
Senior House Surgency in Surgery 1985-1987

Kasturba Medical College, Manipal 1987-1989
Post Graduation in General Surgery

Pushpagiri Hospital, Tiruvalla, Kerala
Resident Surgeon in Surgery 1989-1990

HOD & Consultant General & Laparoscopic, Bariatric and Metabolic Surgeon, Moulana Hospital,
Perinthalmanna, Kerala

Since 1990

SPECIAL SURGICAL TRAINING

Dr.JB Agraval, Malad Hospital, Mumbai
(Pioneer Laparoscopic Surgeon)
Laparoscopic Surgery Training 1992

Prof.Sowecheon, Colorectal Surgeon, General Hospital,
Singapore
Colorectal Surgery Training 2003

National Institute of Breast Diseases, Seoul, S.Korea
Training in Breast Surgery 2004

Bariatric Surgery Centers in Burn, Switzerland
Bariatric Surgery Training 2003

European Institute of Tele Surgery, Louis Pasteur University- Stasbourg, France
N.O.T.E.S (Natural Orifice Trans Endoluminal Surgery)
Hands – on Course 2008

Prof.Antonio Longo, St.Elizabeth Hospital, Vienna
Training in Coloproctology and STARR Procedure 2009

EXPERIENCE

Chief Surgeon of the Dept. of General Surgery, Laparoscopic and Bariatric Surgery in Moulana Hospital Perinthalmanna, Kerala for last 33 years. (Moulana Hospital is a 500 bed Superspeciality Hospital started 30yrs back with all modern facilities for the advanced medical treatment)

Excellent experience in laparoscopic Surgery by virtue of the pioneer laparoscopic surgeon in the country, completed more than 100,000 basic and advanced laparoscopic surgeries
Special interest in Endoscopic Hernia Repair and completed more than 12000 TEP (Totally Extraperitoneal Mesh Repair) procedures for Inguinal Hernia, one of the largest series in the world, and having large volume of laparoscopic repair of Incisional Hernia and Ventral Hernia.
Excellent experience in piles surgery and completed more than 8000 MIPH (Minimal Invasive Procedure for Haemorrhoids), the largest number in India.

Pioneer Bariatric Surgeon in the country and completed more than 2000 various bariatric surgery procedures (Laparoscopic Gastric Banding, Lap. Sleeve Gastrectomy, Lap. RYGB & MGB)

One of the few centers in Kerala doing Primary Breast Reconstruction & OBCS for Breast Cancer
Pioneer center in the country doing NOTES (Natural Orifice Endoluminal Surger
Pioneer center in the country doing SILS (Single Incision Laparoscopic Surgery)
Pioneer center in the country doing STARR (Stapled Trans Anal Rectal Resection)
Pioneer Center doing Diabetes Surgery (Lap. Ileal Interposition + SG and MGB) Completed 60
procedures in non Obese Type 2 DM patients

ACHIEVEMENTS AND AWARDS

Governing Council Member of Association of Surgeons of India(ASI)

Executive member of ASI Kerala Chapter

Founder Chairman Malappuram Surgical Society

Founder Executive member of OSSI (Obesity and Metabolic Surgery Society of India)

Founder executive member of Asia-Pacific Hernia Society

Executive member of Indian Medical Association (IMA)

International Recognition March 2006

Was bestowed the international recognition certificate by Prof. Antonio Longo, the innovator and inventor of famous Stapler technique for treating piles, for pioneering work done in the field of ano-rectal conditions

Awarded Prestigious American Society Membership March2009

Awarded membership of the Americas' most prestigious society of Laparoscopic Surgery, SAGES (Society of American Gastrointestinal and Endoscopic Surgeons)

Membership of IFSO (International federation for the Surgery of Obesity and Metabolic Diseases)

Sidney August 2006

Awarded the Life Membership of IFSO

Fellow of the International Congress of Surgeons Feb 2002

Awarded the Fellowship of International Congress of the Surgeons (FICS)

Fellow of Minimal Access Surgeons of India (FMAS) May 2007

Honorary fellowship was awarded by the Association of Minimal Access Surgeons of India

Founder Member of the Pioneer Circle of India

Founder Member of the Asia - Pacific Pioneer Circle

Life Member of IAGES (Indian Association of Gastro-intestinal Endo Surgeons)

Life Member of AMASI (Association of Minimal Access Surgeons of India)

Life Member of ASI (Association of Surgeons of India)

Life Member of ACRSI (Association of Colo-Rectal Surgeons of India)

Life Member of OSSI (Obesity and Metabolic Surgeons Society of India)

Life Member of AESI (Association of Endocrine Surgeons of India)

Life Member of IASG (Indian Association of Surgical Gastroenterologist)

Executive member of HIS (Hernia Society of India)

Executive member of AHIS (Asia-Pacific Hernia Society of India)

Life Member of IMA (Indian Medical Association)

Founder Member of ASGK (Association of Surgical Gastroenterologist of Kerala)

Honorary Secretary and Founder Member of MSS (Malappuram Surgical Society)

ORIGINAL RESEARCH & PAPERS

PUBLICATIONS in International Journals

1. Mohamed Ismail, Mahak Garg, Mahesh Rajagopal, Pankaj Garg. Impact of closed-suction drain in pre-peritoneal space on the incidence of seroma formation after laparoscopic total extraperitoneal inguinal hernia repair. Surgical Laparoscopy Endoscopy Percutaneous Techniques. 2009; 19(3): 263-6.
2. Mohamed Ismail, Pankaj Garg. Laparoscopic inguinal total extraperitoneal hernia repair under spinal anesthesia without mesh fixation in 1220 hernia repair. Hernia. 2009, Apr;13(2):115-119
3. Mohamed Ismail, Pankaj Garg. Impact of previous hemorrhoid surgery and outpatient hemorrhoid procedures on the results of Stapler Hemorrhoidopexy. World Journal of Colorectal Disease. Vol.1, Issue1, 2008, Article12

4. Mohamed Ismail, Srijith Nair, Pankaj Garg. Is prophylactic laparoscopic total extraperitoneal inguinal hernia repair on contralateral side justified: A comparative study of bilateral to unilateral repair Journal of Laparoendoscopic Advanced Surgical Techniques. Vol.20,Number6,2016
5. Pankaj Garg, Mahesh Rajagopal, Vino Varghese, Mohamed Ismail. Laparoscopic total extra-peritoneal femoral hernia repair is feasible without fixation of mesh under spinal anesthesia. Journal of Society of Laparoendoscopic Surgeons.JSLS (2009)13:597–600
6. Pankaj Garg, Geetha R Menon, Mahesh Rajgopal, Mohamed Ismail. Laparoscopic total extraperitoneal repair in recurrent inguinal hernias. Surg Endosc (2010) 24:450–454
7. Pankaj Garg, Mahesh Rajgopal, Vino Varghese, Mohamed Ismail. Laparoscopic total extraperitoneal inguinal hernia repair with non fixation of the mesh in 1692 hernias. Surgical Endoscopy 2009, June; 23:1241-5
8. Pankaj Garg, Paryush Lakhtaria , Jeremy Song, Mohamed Ismail. Proctitis due to retained staples after Stapler Hemorrhoidopexy and a review of literature. International Journal of Colorectal Disease 25(2):289-90 Aug.2009
9. Pankaj Garg, Mohamed Ismail. Horizontal mattress suture at the staple line is effective to decrease the recurrence rate after Stapler Hemorrhoidopexy. Diseases Colon Rectum 2009 May; 52(5): 1028.
10. Pankaj Garg Æ Mahesh Rajagopal Æ Vino Varghese Æ Mohamed Ismail Laparoscopic total extraperitoneal inguinal hernia repair with nonfixation of the mesh for 1,692 hernias. Surg Endoscopy (2009) 23:1241–1245
11. Leena Mathew, D.Kilimozhi, S.Parimala Krishnan, Mohamed Ismail EFFECT OF METABOLIC SURGERY ON TYPE 2 DIABETES REMISSION. A MATCHED GROUP ANALYSIS International Journal and Pharmaceutical Sciences Vol7, issue 9, 2015
12. Mohamed Ismail¹, Muhammed Shereef¹, Mahesh Rajagopal¹, Hafiz Ansari¹, K. A. Sidhic² Comparing the Quality of Life after Laparoscopic Roux-en-y Gastric Bypass and MGB journalomr Vol. 2, Issue 1, Jan—Mar 2015
13. Mohamed Ismail, Dileep N, Mahesh Rajagopal, Hafiz Anzari, Megha Nair, Aparna hegde, PD Regha Seven Year Outcome of Laparoscopic Sleeve Gastrectomy in Indian Patients with Different Classes of Obesity Obesity Surgery Jan.2019Vol.29 (1)191-196
14. Results Of Laparoscopic MGB (Mini-Gastric Bypass) In Remission / Control Of Type 2 Diabetes Mellitus In Patients With BMI<35 (Peer review)
15. Laparoscopic Roux-en-Y Gastric Bypass Among Indian Patients: Outcome during Five Years' Follow-Up 9Peer Review)

Presentations-BEST PAPER Presentations

1. Mohamed Ismail, Mahesh Rajagopal, Pankaj Garg. "Laparoscopic total extraperitoneal inguinal hernia repair with non fixation of the mesh " - Selected for presentation in the BEST

paper category - Annual conference of Association of Surgeons of India(ASI), Coimbatore, India, December 2009.

2. Pankaj Garg, Mahesh Rajagopal, Rajender Batra, Mohamed Ismail. "Creating awareness about the painless nature of early breast cancer lump is important in developing countries"- Presented in the BEST paper category - Annual conference of Association of Surgeons of India(ASI), Coimbatore, India, December 2009.

3. Pankaj Garg, Mahesh Rajagopal, Mohamed Ismail. "Low recurrence rates and high satisfaction rates with Stapler Mucosectomy in 1125 patients with high grade hemorrhoids"- Selected for presentation in the BEST paper category- Asian Federation of Colo-proctology (AFCP) conference at Goa, India, September, 2009.

4. Pankaj Garg, Mohamed Ismail. "The efficacy of Anal Fistula Plug in Fistula-in-ano: A systematic review"- Selected for presentation in the BEST paper category- Asian Federation of Colo-proctology (AFCP) conference at Goa, India, September, 2009.

5. Pankaj Garg, Mahesh Rajagopal, Vino Varghese, Mohamed Ismail. "Anal High Patient satisfaction and low recurrence rates with Stapler Mucosectomy in 1125 patients with high grade hemorrhoids: A small modification in the Longo's procedure"- Presented in the BEST paper category - Annual conference of Association of Surgeons of India(ASI), Ludhiana, India, December 2008.

6. Mohamed Ismail, Pankaj Garg. "Laparoscopic inguinal total extraperitoneal hernia repair is feasible and safe in spinal anesthesia without mesh fixation : A study in 1658 hernia repairs"- Presented in the BEST paper category - Annual conference of Association of Surgeons of India(ASI), Ludhiana, India, December 2008.

7. Pankaj Garg, Mahesh Rajagopal, Vino Verghese, Mohamed Ismail. "High Patient satisfaction and low recurrence rates with Stapler Mucosectomy in 1125 patients with high grade hemorrhoids: A small modification in the Longo's procedure". Presented in Best Paper Category at Association of Colon & Rectal Surgeons of India (ACRSI) annual conference, Mumbai, September 20th 2008.

8. Pankaj Garg, Mahesh Rajagopal, Vino Verghese, Mohamed Ismail. "To determine the efficacy of anal fistula plug in the treatment of high fistula-in-ano- an initial experience". Presented in Best Research Paper Category at Association of Colon & Rectal Surgeons of India (ACRSI) annual conference, Mumbai, September 20th 2008.

Presentations- International Conference

1. Pankaj Garg, Mohamed Ismail. "Laparoscopic total extraperitoneal repair in recurrent inguinal hernias: Comparing outcome with primary hernia repair in 937 patients". Selected for Oral Presentation at Society of American Gastrointestinal Endoscopic Surgeons (SAGES) Annual conference, Phoenix, USA, April 2009.

2. Pankaj Garg, Mohamed Ismail. "Is prophylactic laparoscopic total extraperitoneal inguinal hernia repair on the contralateral side justified: A comparative study of bilateral to unilateral repair in 1754 hernias". Selected for Oral Presentation at Society of American Gastrointestinal Endoscopic Surgeons (SAGES) Annual conference, Phoenix, USA, April 2009.
Awarded "The Young International Investigator Award"

3. Mohamed Ismail, Pankaj Garg. "Could total extraperitoneal hernia repair done under spinal anesthesia without fixation of mesh be recommended as the first line procedure for unilateral inguinal hernias?". Selected for Oral Presentation at Society of American Gastrointestinal Endoscopic Surgeons (SAGES) Annual conference, Phoenix, USA, April 2009.

4. Pankaj Garg, S M Ismail. "Impact of previous hemorrhoids surgery and out-patient procedures for hemorrhoids on the results of Stapler Mucosectomy- A study in 500 patients." Presented at Tripartite annual conference of American Society of Colo-rectal Surgeons(ASCRS), Boston, June 7, 2008

5. M Ismail, Pankaj Garg. "High Patient satisfaction and low recurrence rates with Stapler Mucosectomy in 960 patients with Stage III hemorrhoids." Presented at Tripartite annual conference of American Society of Colo-rectal Surgeons(ASCRS), Boston, June 7, 2008.

6. Pankaj Garg, M Ismail. "Drain in pre-peritoneal space significantly reduces the incidence of seroma formation after laparoscopic total extraperitoneal inguinal hernia repair: a study in 1560 hernias." Presented at European Hernia Society, Annual conference, Sevilla, Spain, May 7, 2008 .

7. M Ismail, Pankaj Garg. "Laparoscopic inguinal Totally Extraperitoneal hernia repair without mesh fixation in spinal anesthesia: early results in 1461 hernia repairs." Presented at European Hernia Society, Annual conference, Sevilla, Spain, May 7, 2008.

8. Pankaj Garg, M Ismail. "Laparoscopic total extraperitoneal repair of femoral hernia without fixation of mesh: A series of seven patients." Presented at European Hernia Society, Annual conference, Sevilla, Spain, May 8,2008.

9. M Ismail, Pankaj Garg. "Laparoscopic total extraperitoneal inguinal hernia repair: comparing results of mesh fixation with no fixation of the mesh in 1680 hernias." Presented at European Hernia Society, Annual conference, Sevilla, Spain, May 8,2008.

10."Fixation vs Nonfixation of Mesh in TEP for Inguinal Hernia Repair – A Randomised Controlled Trial in a Rural Hospital ". Presented (oral presentation) in SAGES conference in Texas, 31 March – 3 April 2011

11. ""TO COMPARE EARLY EFFECTS OF LAPAROSCOPIC SLEEVE GASTRECTOMY(LSG),STANDARD& ILEAL INTERPOSITION WITH& LSG, DIVERTED ILEAL INTERPOSITION WITH& LSG & DUODENO-JEJUNAL BYPASS IN& T2DM BMI 22-35 IN A RURAL INDIAN HOSPITAL" Presented in the 2nd World Congress of Interventional Therapies of Type 2 Diabetes Mellitus in NewYork USA 28th – 30 th March 2011

12. Papers on Bariatric and Diabetes Surgery in the XVI World Congress of the International Federation for the Surgery of Obesity and Metabolic Disorders – Aug. 31 – Sept.. 03 2011 in Hamburg, Germany

More than 100 Scientific papers in various national conferences in last 20 years

MANY FIRSTS IN THE COUNTRY

The First scientific paper on "Laparoscopic closure of duodenal ulcer perforation" in the country was presented in the 2nd National conference of IAGES in Mumbai 1996.

The First scientific paper on "Laparoscopic Paediatric Surgery" in the country was presented in the 3rd National conference of IAGES in Chennai 1998.

The First scientific paper on "Total Extraperitoneal Mesh Repair for Inguinal Hernia" in the country was presented in the 3rd National conference of IAGES in Chennai 1998.

The First scientific paper on "Stapler Hemorrhoidectomy " in the country was presented in the National conference of International College of Surgeons in Jaipure 2003.

The First scientific paper on "Laparoscopic Splenorrhaphy "in the country was presented in the 7th National conference of IAGES in Ludhiana 2004. Awarded the Best Video.

The First scientific paper on "Laparoscopic Appendicectomy "in Kerala was presented in the Annual conference of ASI in1995.

The First scientific paper on "Laparoscopic Closure of DU perforation" in Kerala was presented in the Annual conference of ASI in1996. Bagged the Best Paper Award.

The First scientific paper on "Total Extraperitoneal Mesh Repair for Inguinal Hernia " in Kerala was presented in the Annual conference of ASI in2002. Bagged the Best Paper Award.

The First scientific paper on "Stapler Haemorrhoidectomy " in Kerala was presented in the Annual conference of ASI in2003. Bagged the Best Paper Award.

The First scientific paper on "Laparoscopy in Cancer Patients " in Kerala was presented in the Annual conference of ASI in 2004. Bagged the Best Paper Award.

Presented Nine Scientific Papers in the 7th World Congress of Endoscopic Surgery in Singapore 2001.

INVITED FACULTY

AKMG Emirats Annual Convention, Ajman Medicon 2008

Ajman Kempinski Hotel. 3rd April 2008

2nd World Congress of ColoProctology and Pelvic Diseases,
Rome, Italy. June 18-20 2007

Asia Pacific Pioneers Circle Meet, Kuala Lumpur, Malasia

June 6-7 2006

Asia Endosurgery Task Force (AETF) – Advanced Laparoscopic Surgery Workshop, Tyco Clinical Institute, Shangai, China. September 17-18 2007

RAMAS 2008 2nd Annual Conf. & Operative Workshop Tagore Hospital & Research Institute, Jaipure, IndiaSeptember 6th & 7th 2008

Asian Consensus Meeting on Metabolic Surgery Jodhpur , India. October 2-3 2009

First Annual Conferene of ASGK 2008

First Annual Conference of Tamilnadu Surgical Gastroenterology, Chennai, India. October 25th 2009

10th AMASI Skill Course and FMAS Examination, AIMS, Cochin, India January 15-18 2009

OSSICON 2009 Hyderabad, India. April 11-12 2009

3rd International Congress of AMASI 2008, Chennai, India. 3-6 July 2008

ACRSICON 2007, Ahamedabad, India. 11-16 September 2007

ASI CME Thrissur, Kerala, 12-13 September 2009

MASCON- 2009 MES Medical College, Perinthalmanna, Kerala. 8th Nov. 2009

IASG 2004 XIV Nacional Conf. AIMS, Cochin. 16-19 Septiembre 2004

AMASICON 2007, Hyderabad 8-11 Feb. 2007

Laparosurg 2005 GEM Hospital, Coimbatore.17-20 Nov 2005

LIVE SURGERY WORKSHOPS

Demonstrated Endoscopic Hernia Repair and MIPH in Four City Hospitals in Sreelanka in May 2005

In all the Annual Conferences of ASI, Kerala Chapter, from 2000 onwards demonstrated various surgical procedures.

Demonstrated MIPH in more than 20 live workshops in various parts of the country

Demonstrated Laparoscopic Sleeve Gastrectomy in Calicut Medical College in September 2009 and many more bariatric surgery live work shops.many times demonstrated endoscopic hernia repair in live workshops in India and outside.

CONFERENCES ORGANIZED

Peripheral Meet of ASI Kerala Chapter on 7-8 Feb. 2004

IASG Annual Conference on 9th September 2007

MIPH Alumini Meet, Cochin 26th May 2008

State conference of ASI Kerala Chapter 2019

PERSONAL

Hobbies include playing Basketball (Trivandum Basketball Team Captain 1978-1983) and Swimming

Love Travelling. Traveled to USA, Singapore, Malaysia, China, Switzerland, Germany, Austria, Italy, France, UAE, Saudi Arabia, Sreelanka and several states of India

Wife – Shaila Ismail- Home Maker. Daughters: Samreen Mariyam Ismail ACCA, in UK.

Dr.Saera Raihan Ismail - Jr.Resident in Surgery, Moulana Hospital, Perinthalmanna.