

Dr. Sukhvinder Singh Saggu

MS FACS(USA) FICS FIAGES FALS FMBS

Fellow: American college of surgeons, Chicago, USA

Fellow: International college of surgeons, Chicago, USA Fellow: A Z Sint Jan Hospital, Bruges, Belgium

Director: Center for Obesity and Metabolic surgery,
New Delhi Director: Minimal access, GI and Bariatric
Surgery

CK Birla Hospital(Center of excellence-Bariatric Surgery), New Delhi
Convenor: OSSI- National Bariatric Registry Ex executive member: Obesity
surgeon society of india

With 24 years of hands-on surgical experience, Dr Saggu is a name to reckon with, when it comes to Advanced Laparoscopic, Bariatric and GI Surgery. He is an empathetic professional with tremendous sensitivity, tact, and patience to listen to patient's problems and contribute to their wellbeing through dedication and sincere efforts. He is a quick learner with a sharp, analytical mind that can be optimally utilized in research and development activities.

He has excellent interpersonal and communication skills along with clarity of fundamentals with perseverance to succeed and zeal to achieve results.

Dr. Saggu is a pioneer in VAAFT, MIPH, Mini gastric bypass surgeries. Currently, he is working as Director, MIS, GI and Bariatric Surgery, at CK Birla HOSPITAL, Punjabi Bagh, New Delhi, India. He has worked with various Super specialty and Tertiary care hospitals like Apollo, Fortis, MCD, Primus hospitals in Delhi.

His pioneering work has been on Obesity and Metabolic Surgery

Dr Saggu is on the panel of some hospitals in Kenya, Nigeria, DRC, and Afghanistan. He has been conducting workshops, live surgeries and OPD's in these African and some other Asian countries since the last 10 years.

He has been serving the society as trustee of Guru Nanak cancer care trust based at Gurdwara Namaskar, Rajinder Nagar since last 9 years.

Guest Speaker at various national and International Forums

- Laparoscopic management of adrenal tumor; SLS Annual meeting and Endo expo2008. Chicago, Illinois, USA
- Laparoscopic Adrenalectomy Gold Standard; IAGES 2008, Jaipur

- Laparoscopic management of adrenal tumor; WALs 2008, New Delhi
- Complications in Bariatric Surgery; AOCO-2009, Mumbai
- Management of Choledocholithiasis in Post RYGB patient; OSSI-2009, Hyderabad, India
- Rare complication after Laparoscopic sleeve Gastrectomy; IFSO- 2014, Montreal, Canada
- Rare complication after Laparoscopic sleeve Gastrectomy; OSSICON - 2016, Chandigarh, India
- Management of Childhood obesity; OSSICON -2022, Bangluru, India
- OSSI Registry update ; OSSICON -2022, Bangluru, India
- Why cautious approach is needed for Mini Gastric Bypass ; OSSICON - 2024, Kochi, India Expert Panelist on various mass media channels across India on health and Obesity related issues. Academic Credentials
2024: Fellowship in Metabolic and Bariatric Surgery (FMBS), Obesity and Metabolic surgery society of India, India

2019: Fellow Advanced Laparoscopic (Bariatric Surgery) surgery (FALS), All India institute of medical sciences (AIIMS), New Delhi, India

2013: Fellow American College of Surgeons (FACS), Chicago, USA

2011: Diploma in Advanced Laparoscopic Bariatric surgery, A Z Sint Jan Hospital, Bruges, Belgium. 2009: Fellow (Gastric surgery) International College of Surgeons (FICS), Chicago, USA

2009: Member International Academy of Medical Sciences (MIMSA)

2008-2009: Training Laparoscopic Bariatric and GI Surgery (Asian Institute of Gastroenterology Surgery, Ahmedabad)

2008: Fellowship Minimal Access and Bariatric Surgery (Dr P K Choubey, Sir Ganga Ram hospital, New Delhi)

2007: Fellowship Minimal Access Surgery (FIAGES) (Dr A K Kriplani, Indraprastha Apollo Hospital, New Delhi)

2006: AMASI- Skill Course in Minimal Access Surgery, AIIMS, New Delhi

2004-2007: Senior Resident, General and Minimal Access Surgery, MCD Hospital, New Delhi

2004: Master of Surgery (MS), Govt. Medical College, Amritsar, Baba Farid University of Health Sciences, Faridkot, INDIA

1999: Bachelor of Medicine & Bachelor of Surgery (MBBS), SMS Medical College, Jaipur, Rajasthan University, Jaipur, INDIA

Clinical Focus and Expertise

- Advanced Laparoscopic GI Surgery
- Laparoscopic Bariatric Surgery
- Minimal Access GI Surgery
- Stapled Hemorrhoidectomy (painless and stitch less piles surgery)
- Laser Anorectal surgeries
- SiLaT (Laser PNS surgery)

Publications

Springer, Obesity surgery: 17 August 2020, Obesity and Metabolic Surgery Society of India(OSSI) Recommendations for Bariatric and Metabolic Surgery Practice During the COVID-19 Pandemic

Faculty Experience -

2000 New Delhi, Annual conference, Association of Surgeons of India

2001 Amritsar, Annual conference, Northern Chapter-Association of Surgeons of India
2002 Kolkata, Annual conference, Association of Surgeons of India

2004 New Delhi, Annual conference, Delhi State Chapter, Association of Surgeons of India. 2004 New Delhi, Laparoscopic Week

2005 Jaipur, Annual conference, Association of Surgeons of India
2006 Kolkata, National Conference of AMASI (Amasicon)

2007 New Delhi, Conference and Live Workshop
IAGES

2007 new Delhi, National conference of Hernia Society of India
2008 Jaipur, Conference and Live Workshop IAGES

2008 New Delhi, International conference of WALS

2008 New Delhi, CME by ASI foundation on Advanced Laparoscopic and Bariatric Surgery, Fortis Healthcare

2008 New Delhi, Annual conference, Delhi State Chapter, Association of Surgeons of India.

2009 New Delhi, CME (Complication of open and laparoscopic surgery) by ASI foundation on Advanced Laparoscopic and Bariatric Surgery, AIIMS

2009 Mumbai, AOCO-2009 International conference of all India association of advanced research in obesity.

2009 Hyderabad, OSSICON-2009 International conference of Obesity and Metabolic surgery society of India.

2016 Chandigarh, OSSICON-2016 International conference of Obesity and Metabolic surgery society of India.

2016 London, MGBCON International conference of MGB club.

2017 Goa, IFSO APC OSSICON 2017 International conference of Obesity and Metabolic surgery society of India and IFSO APC.

2018 Chennai, OSSICON 2018 International conference of Obesity and Metabolic surgery society of India

2019 Kolkata, OSSICON 2019, 17th National Conference on Obesity & Metabolic Surgery Society of India

2020 New Delhi, OSSICON 2020, 18th National Conference on Obesity & Metabolic Surgery Society of India

2022 Bangalore, OSSICON 2022, 18th National Conference on Obesity & Metabolic Surgery Society of India
2023 Mumbai, OSSICON 2023, 18th National Conference on Obesity & Metabolic Surgery Society of India
2024 Kochi, OSSICON 2024, 19th National Conference on Obesity & Metabolic Surgery Society of India

Memberships –Life Member

Association of Surgeons of India (ASI)

International College of Surgeons (ICS)

International Academy of Medical Sciences (IMSA)

- International Federation of Obesity and Metabolic Surgery (IFSO)
- Obesity and Metabolic Surgeons society of India (OSSI)
- World Association of Laparoscopic Surgeons (WALS)
- Association of Gastro Endo surgeons (IAGES)
- Indian Medical Association (IMA)
- Hernia Society of India (HSI)
- Delhi Medical Association (DMA)
- Association of colon and rectal surgeons of India(ACRSI)

Contact Details

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